



LXII2022

CONGRESO INTERNACIONAL DE LA SOCIEDAD
MEXICANA DE NUTRICIÓN Y ENDOCRINOLOGÍA
NUEVAMENTE UNIDOS POR LA
EXCELENCIA EN LA ENDOCRINOLOGÍA
MÉRIDA YUCATÁN · 29 DE NOVIEMBRE AL 03 DE DICIEMBRE



LXII CONGRESS PROGRAM 2022

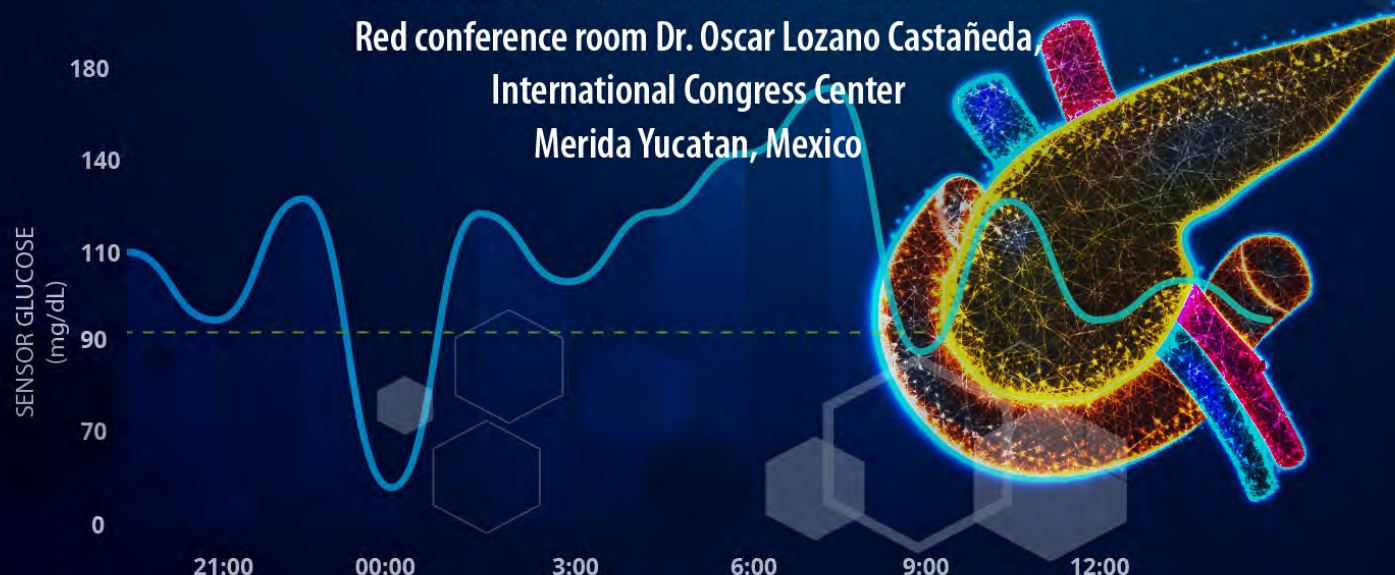
**EASD**

EASD/SMNE INTERNATIONAL COURSE 2022 DIABETES TECHNOLOGY

November 29th and 30th 2022

Red conference room Dr. Oscar Lozano Castañeda

International Congress Center
Merida Yucatan, Mexico



NOVEMBER 29TH, 2022

16:00 a 16:15 hrs.	Welcome, Agenda and Speakers	Moderator: Dra. Raquel Noemí Faradji Hazán
16:00 a 17:45 hrs.	Digital Health	Moderator: Dra. Raquel Noemí Faradji Hazán
16:15 - 16:45 hrs.	mHealth in helping people with T2DM	Dr. Peter Schwartz
16:45 - 17:15 hrs.	mHealth Apps: Integrating glucose management with bolus calculators and insulin pens	Dr. Pratik Choudhary
17:15 - 17:45 hrs.	Discussion	Moderator: Dra. Raquel Noemí Faradji Hazán
17:45 - 18:15 hrs.	BRAKE	

18:15 - 20:00 hrs.	Medical Devices- CGM	Moderator: Dr. Eduardo Márquez Rodríguez
18:15 - 18:45 hrs.	ATTD consensus on the use of CGM - use of new metrics	Dr. Tadej Battelino
18:45 - 19:30 hrs.	Evidence for the use of CGM from RCT's and real - world data	Dr. Pieter Gillard
19:30 - 19:50 hrs.	Discussion	Moderator and all speakers
19:50 - 20:00 hrs.	Conclusions 1st day	Dra. Raquel Noemí Faradji Hazán

NOVEMBER 30TH, 2022

08:00 a 08:10 hrs. Welcome

Moderator: Dra. Natalia E. de la Garza Hernández

08:00 a 10:10 hrs.	Medical Devices Integrated Systems	Moderator: Dra. Natalia E. de la Garza Hernández
08:10 - 08:40 hrs.	Sensor Augmented Pumps	Dr. Ohad Cohen
08:40 - 09:10 hrs.	Overview of AHCL devices: differences between systems and real-world data	Dr. Pieter Gillard
09:10 - 09:40 hrs.	Practical tips on use of AID. Case studies	Dr. Pieter Gillard / Dr. Tadej Battelino
09:40 - 10:10 hrs.	Discussion	Moderator all speakers
10:10 - 10:25 hrs.	BRAKE	

10:25 - 11:55 hrs.	Precision Medicine in Diabetes	Moderator: Dr. Fernando J. Lavallo González
10:25 - 10:55 hrs.	New insulin analogues	Dr. Tadej Battelino
10:55 - 11:25 hrs.	Type 1 diabetes screening and interventions-INNODIA experience	Dra. Chantal Mathieu
11:25 - 11:55 hrs.	Discussion	Moderator and all speakers
11:55 - 12:15 hrs.	BRAKE	

12:15 - 13:45 hrs.	Access to Technology	Moderator: Dr. Juan Carlos Garnica Cuéllar
12:15 - 12:45 hrs.	Patient reported and health economic outcomes from technology	Dr. Pieter Gillard
12:45 - 13:15 hrs.	Risks and limitation of diabetes technology- access disparity	Dra. Paloma Almeda Valdés
13:15 - 13:45 hrs.	Discussion	Moderator and all speakers
13:45 - 14:00 hrs.	Conclusions - Closure	Dra. Raquel Noemí Faradji Hazán, Dr. Tadej Battelino

14:00 - 15:30 hrs.	Lunch Symposium	Moderator: Dr. Valentin Sánchez Pedraza
14:00 - 15:30 hrs.	SGLT2i: recent evidence, concerns and usefulness in DM2	Dr. Fernando Javier Lavallo González

LXII CONGRESS PROGRAM 2022

November 30th, 2022

Red hall Dr. Oscar Lozano Castañeda

PLENARY LECTURE

Moderators: Dr. Margarita Torres Tamayo and Dr. Moisés Mercado Atrí

Update in the diagnosis and treatment of neuroendocrine tumors

Dr. Ashley Grossman

OPENING CEREMONY

WELCOMING RECEPTION (Hacienda Chenkú)

December 1st, 2022

Red hall
Dr. Oscar Lozano Castañeda

Blue hall
Dr. Sara Arellano Montaño

Yellow hall
Dr. Tomás Morato Cartagena

Green hall
Dr. Carlos Gual Castro

Books Presentation:
**"Type 1 DM through lifespan:
María Luisa's Story"**
Dr. Raquel Faradji Hazán

"LIVING WITH DIABETES"
3rd edition
Dr. Paloma Almeda Valdés

**"Diet analysis in the health
weight management"**
M. Susana Galindo Delfin

JOINT SYMPOSIUM
Endocrinology & Nutrition
Spanish Society SEEN/SMNE
Moderator:
Dr. Valentin Sánchez Pedraza

**Morphofunctional evaluation
in nutrition and obesity**
Dr. José Manuel García Almeida

WORKSHOP SEEN
**Morphofunctional evaluation
in nutrition and obesity**
Isabel María Vegas Aguilar TSDN

**MEXICAN COLLEGE OF
ENDOCRINOLOGISTS (CEM)**

Moderators:
Dr. Lisndey Alamilla Lugo &
Dr. Alejandro Sosa Caballero

**Thyroid cancer: discussion about
diagnosis & present treatment**
Panelist: Dr. José Roberto Gómez Cruz,
Dr. Gloria Angelica González Villaseñor
Dr. Camilo González Velázquez

Novonordisk
Moderator:
Da. Ruty Castañeda
**Oral Semaglutide: Time for
focusing in the optimal
clinical approach**
Dr. Roopa Mehta

Red hall Dr. Oscar Lozano Castañeda

PLENARY LECTURE

Moderator: Dr. Margarita Torres Tamayo

Type 2 diabetes across the lifespan, who is worse of youth or adults

Dra. Silva Arslanian

Red hall
Dr. Oscar Lozano Castañeda

Blue hall
Dr. Sara Arellano Montaño

Yellow hall
Dr. Tomás Morato Cartagena

Green hall
Dr. Carlos Gual Castro

JOINT SYMPOSIUM: EASD/SMNE
(European Association for the Study of Diabetes)

Moderator:
Dr. Sergio Zúñiga Guajardo

**Evaluating the impact of sensor
detected hypoglycaemia in insulin
treated diabetes - HypoMETRICS**
Dr. Pratik Choudhary

**Diabetes Kidney disease
and KDIGO guidelines**
Dr. Peter Rossing

**The risks of early-onset type 2
diabetes in adults and children**
Dr. Shivani Misra

JOINT SYMPOSIUM EAS/SMNE
(European Atherosclerosis Society)

Moderator:
Dr. Carlos A. Aguilar Salinas
CLipids, heart and beyond

**Impact of the effect of the tight
vs non tight implementation of
the lipid guidelines over
cardiovascular morbi-mortality
in patients with premature
coronary arterial disease**
Dr. Juan Gabriel Juárez Rojas

**How to effective implement
lipid guidelines in 2022**
Dr. Alberto Zambón

THYROID SYMPOSIUM

Moderator:
Dr. Antonio Segovia Palomo

**Hashimoto's encephalopathy
Does it really exist?**
Dr. Raúl Rivera Moscoso

**Hashimoto's Thyroiditis: Does the
antibodies concentration matter?**
Dr. Coralys Abreu Rosario

**Block-replace treatment in
hyperthyroidism. Should
we keep using it?**
Dr. Esperanza Valentín Reyes

SYMPOSIUM SIEGFRIED

Moderator:
Dr. Rafael Campuzano Rodríguez
DM2 management in the elderly
Dr. Juan Rosas Guzmán

11:30 12:00	COFFE BREAK			
	Red hall Dr. Oscar Lozano Castañeda			
12:00 - 13:00	PLENARY LECTURE Moderator: Dr. Carlos A. Aguilar Salinas Cardiovascular risk assesment. New advance & approaches Dr. Alan Remaley			
	Red hall Dr. Oscar Lozano Castañeda	Blue hall Dr. Sara Arellano Montaña	Yellow hall Dr. Tomás Morato Cartagena	Green hall Dr. Carlos Gual Castro
13:00 - 14:00	DIABETES ORAL PRESENTATIONS (PO 1-5) Moderator: Dr. Juan Ramón Madrigal San Román Panelists: Dr. Natalia E. de la Garza Hernández Dr. Sergio Zúñiga Guajardo Dr. Francisco Valadez Castillo	DIABETES & LIPIDS ORAL PRESENTATIONS (PO 6-10) Moderator: Dr. Carlos A. Aguilar Salinas Panelists: Dr. Ivette Cruz Bautista Dr. Jesús Garduño García Dr. Nacu Caracas Portilla	PITUITARY ORAL PRESENTATIONS (PO 11-15) Moderator: Dr. Guadalupe Vargas Ortega Panelists: Dr. Ernesto Sosa Eroza Dr. Lesly Portocarrero Ortiz Dr. Lisndey Alamilla Lugo	THYROID & REPRODUCTIVE ENDOCRINOLOGY ORAL PRESENTATIONS (PO 16-20) Moderator: Dr. María de Lourdes Morato Hernández Panelists: Dr. Raúl Rivera Moscoso Dr. Roberto Gómez Cruz Dr. Sigfrido Miracle López
14:00 15:30	LUNCH			
	Red hall Dr. Oscar Lozano Castañeda	Blue hall Dr. Sara Arellano Montaña	Yellow hall Dr. Tomás Morato Cartagena	Green hall Dr. Carlos Gual Castro
15:30 - 17:00	OBESITY SYMPOSIUM Moderator: Dr. Emma A. Chávez Manzanera Obesity Phenotypes: The requirement of using BMI amongst other evaluation tools Dr. Gema Frühbeck Obesity as the central axis of treatment of Type 2 Diabetes Dr. Timothy Garvey Q&A session	OINT SYMPOSIUM CARDIOLOGY MS/SMNE Moderators: Dr. Jorge Eduardo Cossio Aranda Dr. Miguel Agustín Madero Triglyceride-rich lipoproteins as a causal factor for cardiovascular disease Dr. Henry Ginsberg Atrial fibrillation and type 2 Diabetes Dr. Manlio Márquez Murillo	JOINT SYMPOSIUM AACE/SMNE (American Association of Clinical Endocrinology) Moderator: Dr. Ana Laura Espinosa de los Monteros Updates in Cushing treatment Dr. Patsy Etual Espinosa Cárdenas Primary hyperaldosteronism and cardiovascular endocrinology. A love story Dr. Fady Hannah-Shmouni	NUTRITION SYMPOSIUM Moderator: Maestra Krystal González Fajardo Nutrigenomics Polyphenols intake effect over genic expression Dr. María Elizabeth Tejero Barrera Fatty acids efect over NASH Dr. Lyssia Castellanos Tapia
17:00 17:15	COFFE BREAK			
17:15 18:15	CHEESE, WINE & SCIENCE (INTERACTIVE POSTER SESSION), FOYER			
	Yellow hall Dr. Tómas Morato Cartagena			
18:15 20:00	BUSINESS ASSEMBLY			
20:00	PROFESSORS RECEPTION			

December 2nd, 2022

	Red hall Dr. Oscar Lozano Castañeda	Blue hall Dr. Sara Arellano Montaño	Yellow hall Dr. Tomás Morato Cartagena	Green hall Dr. Carlos Gual Castro
08:00 - 09:00	Meet the professor Endocrinology and Nutrition Spanish Society (SEEN) Moderator: Dr. Ernesto Sosa Eroza Personalized medicine in NET (NeuroEndocrine Tumors) Dr. Cristina Alvarez Escolá	Meet the professor Moderator: Dr. Juan Rosas Guzmán Introduction to Neurohumoral signaling pathways and anti-obesity drug targets Dr. Carolina Solis Herrera	Meet the professor Moderator: Dr. Rogelio Zacarías Castillo How to value and monetize your Intellectual Property Dr. Fady Hannah-Shmouni	Meet the professor LILLY Moderator: Dr. Alicia Yepez Rodríguez Optimizing posprandial glucose control and time in range with ultrarapid insulin Dr. Alfonso Ponce-Ibarra

Red hall Dr. Oscar Lozano Castañeda

PLENARY LECTURE

Moderator: Dr. Sergio A. Godínez Gutiérrez

EThe Gut hormone-Brain axis: Mechanisms, Pharmacology and Treatment in Patients with Adiposity-Based Chronic Disease

Dr. Timothy Garvey

	Red hall Dr. Oscar Lozano Castañeda	Blue hall Dr. Sara Arellano Montaño	Yellow hall Dr. Tomás Morato Cartagena	Green hall Dr. Carlos Gual Castro
10:00 - 11:30	LIPID SYMPOSIUM Moderator: Dra. Ivette Cruz Bautista "Hypertriglyceridemia: Pathophysiology to New Therapies" Dr. Alan Remaley Artificial intelligence in the study of dyslipidemias Dr. Luis Adrian Soto Mota Lipoprotein (a): Advances and controversies Dr. Carlos A. Aguilar Salinas	DIABETES SYMPOSIUM Moderator: Dra. Paloma Almeda Valdés Case 1 When the fat reaches us Dr. Francisco Valadez Castillo Dr. Paloma Almeda Valdés Case 2 When the diabetes classification does not fit Dra. Natalia E. de la Garza Hernández Dr. Guillermo Umpierrez Case 3 When sweetness disturbs pregnancy Dr. Leonardo Mancillas Adame Dr. Carlos Ortega González	JOINT SYMPOSIUM SMEP/SMNE Moderator: Dr. Eulalia Piedad Garrido Magaña Different sexual development: approach, diagnosis in the childhood and in the transition period Dr. Jorge Mario Molina Díaz (Endocrinology), Dr. Alan Cárdenas Conejo (Genetic), Dr. Georgina Alicia Siordia Reyes (Pathology)	BONE & MINERAL METABOLISM SYMPOSIUM Moderator: Dr. Victoria Mendoza Zubieta Romosozumab Dr. Alfredo A. Reza Albarrán New international guidelines for primary hyperparathyroidism Dr. Anabel Rodríguez Romo International guidelines for hypoparathyroidism Dr. Dania Quintanilla Flores

COFFE BREAK

Red hall Dr. Oscar Lozano Castañeda

PLENARY LECTURE

Moderator: Dr. Verónica Vázquez Velázquez

Prevention and treatment strategies of stigma in people living with obesity

Dr. Stuart W. Flint

	Red hall Dr. Oscar Lozano Castañeda	Blue hall Dr. Sara Arellano Montaño	Yellow hall Dr. Tomás Morato Cartagena	Green hall Dr. Carlos Gual Castro
13:00 - 14:00	DIABETES ORAL PRESENTATIONS (PO 21-25) Moderator: Dr. Sergio Delgadillo Ballinas Panelists: Dr. Miguel Escalante Pulido Dr. Pedro Mendoza Martínez Dr. José Antonio Cetina Canto	LIPIDS & DIABETES ORAL PRESENTATIONS (PO 26-30) Moderator: Dr. Rutila Castañeda Limones Panelists: Dr. Nacú Caracas Portilla Dr. Diego Espinosa Peralta Dr. Leonor Mireles Zavala	OBESITY ORAL PRESENTATIONS (PO 31-35) Moderator: Dr. Leonardo Mancillas Adame Panelists: Dr. Emma A. Chávez Manzanera Dr. Eduardo García García Dra. Karina Tenorio Aguirre	MISCELLANEOUS ORAL PRESENTATIONS (PO 36-40) Moderator: Dr. Lizeth Alonso Salvador Panelists: Dr. Alfredo Álvarez López Dr. Alma Vergara López Dr. Anabel Rodríguez Romo

LUNCH

	Red hall Dr. Oscar Lozano Castañeda	Blue hall Dr. Sara Arellano Montaña	Yellow hall Dr. Tomás Morato Cartagena	Green hall Dr. Carlos Gual Castro
15:30 - 17:00	JOINT SYMPOSIUM ADA/SMNE (American Diabetes Association) Moderator: Dr. Guillermo González Gálvez Diabetes & Obesity: present and future challenges How have we evolved in the treatment guidelines Dr. Guillermo Umpierrez Anti-obesity drug therapy: the future is now Dr. Ania Jastreboff	JOINT SYMPOSIUM ISE/SMNE (International Society of Endocrinology) Moderator: Dr. José Alfredo Álvarez López FGF 23 de la teoría a la práctica FGF 23 physiology Dr. Dolores Shoback FGF 23 mediated diseases Dr. Suzanne Jan De Beur	NEUROEDOCRINE SYMPOSIUM Moderators: Dr. Moisés Mercado Atrí & Dr. Maricela Vidrio Velázquez Somatostatin analogs in the treatment of acromegaly and other pituitary tumors: Still working after all these years Dr. Philippe Chanson Updates in the treatment of Diabetes Insipidus Dr. Joseph Verbalis	ASTRA ZENECA SYMPOSIUM The bridge between early detection to the clinical practice in the prevention of cardio-reno-metabolic complications in type 2 Diabetes Moderator: Dr. Roopa Mehta Early detection of cardiorenal complications in DM2: The sooner the better Dr. Rosario Arechavaleta Granell From early detection to the clinical practice in the prevention of cardio-reno-metabolic complications of Type 2 diabetes Dr. Paola Fioretto
17:00 17:15	COFFEE BREAK			
17:15 18:15	CHEESE, WINE & SCIENCE (INTERACTIVE POSTER SESSION), FOYER			
	Red hall Dr. Oscar Lozano Castañeda	Blue hall Dr. Sara Arellano Montaña	Yellow hall Dr. Tomás Morato Cartagena	Green hall Dr. Carlos Gual Castro
17:15 18:45	SMNE Moderator: Dr. José de Jesús Ríos González How beta cells (really) sense glucose Dr. Richard Kibbey	NOVO NORDISK WORKSHOP Moderator: Dr. Aldo Ferreira Hermosillo Intensification with insulin therapies & CGM relevance Dr. Ana María Gómez	COLUMBIA Moderator: Dr. Beatriz Adriana Baeza Gamboa Innovative approach in the Metabolic Syndrome Treatment Dr. José de Jesús Garduño García	ABBOTT WORKSHOP Moderator: Dr. Hugo Laviada Molina Specialized nutrition impact over glycemic variability. Updates in the flash system of CGM Dr. José Antonio Cetina Canto Dr. Hugo Laviada Molina
20:00	CLOSURE DINNER (INTERNATIONAL CONGRESS CENTER)			

December 3rd, 2022

Red hall Dr. Oscar Lozano Castañeda

PLENARY LECTURE

Moderator: Dr. Raúl Calzada León

Advances and treatment of pediatric pre DM and DM2
Dr. Silva Arslanian

08:30
-
09:30

	Red hall Dr. Oscar Lozano Castañeda	Blue hall Dr. Sara Arellano Montaña	Yellow hall Dr. Tomás Morato Cartagena	Green hall Dr. Carlos Gual Castro
09:30 - 11:00	PEDIATRICS SYMPOSIUM Moderator: Dr. Aleida de Jesús Rivera Hernández Challenges in disorders of sexual differentiation (DSD) during puberty Clasificación and generalities of DSD Dra. Aleida de Jesús Rivera Hernández Cromosomic DSD Clinical case: Klinefelter Syndrome Dr. Luis Arturo López Rivera DDS 46,XY Clinical case: Complete androgen insensitivity syndrome Dr. Mónica Madrigal González 46,XX Clinical case: Congenital adrenal hyperplasia Dr. Ana Laura López Beltrán	JOINT SYMPOSIUM ENDOCRINE SOCIETY/SMNE Moderator: Dr. Esmeralda Román Mar Advances & challenges in transgender care Adolescent perspective Dr. Stephen Rosenthal Adult perspective Dr. Michael Irwig	REPRODUCTIVE ENDOCRINOLOGY SYMPOSIUM Moderator: Dr. Alfredo Ulloa Aguirre Menopause: Clinical cases session Panelists: Dra. M. de Lourdes Morato Hernández Dr. César López Tarabay Dr. José Alfredo Castillo Mora Dr. Luz María Malanco Hernández	BOEHRINGER SYMPOSIUM Moderator: Dr. Jorge Yamamoto Cuevas Guardians For Health Initiative: the change in the clinical practice with patients living with Type 2 Diabetes DM 2 guidelines of care (endocrinology perspective) Dr. Rodolfo Galindo DM 2 guidelines of care (nephrology perspective) Dr. Olynka Vega DM 2 guidelines of care (cardiology perspective) Dr. Erik Alexanderson Guardians for Health Initiative Presentation Dr. Luis Mendoza
11:00 11:30	COFFE BREAK			
	Red hall Dr. Oscar Lozano Castañeda			
11:30 - 12:30	PLENARY LECTURE Moderator: Dr. Margarita Torres Tamayo Hyperglycemia management in the inpatient care Dr. Guillermo Umpierrez			
12:30	CLOSURE			

November 30th, 2022

Upstairs hall Dr. Ulises Pérez Hernández

JANSSEN LUNCH SYMPOSIUM

Moderator:

Dr. Valentin Sánchez Pedraza

14:00

15:30

SGLT2i: recent evidence, concerns and usefulness in DM2

Dr. Fernando Javier Lavalle González

December 1st, 2022

Upstairs hall Dr. Ulises Pérez Hernández

SANOFI BREAKFAST SYMPOSIUM

Personalized solutions in DM2...

Options to advance in therapy

Dr. María del Rosario Arechavaleta Granell

Dr. Rafael Campuzano Rodríguez

07:00

08:45

December 1st, 2022

OPENING COMMERCIAL AREA

11:30

December 1st, 2022

Upstairs hall Dr. Ulises Pérez Hernández

BOEHRINGER SYMPOSIUM LUNCH

Welcome

Medical Affairs BI

Dr. Luis Mendoza

14:00

15:30

Presentation and introduction

Dr. Araceli Díaz Polanco

SGLT2i, systemic reach. Renal disease and diabetes

Dr. Antonio Pérez

DM2: Multisystemic approach

Dr. Araceli Díaz Polanco

Clinical case: Holistic perspective

Dr. Antonio Pérez

December 2nd, 2022

Upstairs hall Dr. Ulises Pérez Hernández

EUROFARMA BREAKFAST SYMPOSIUM

Moderator:

Dr. Antonio Cervera Cetina

07:30

08:45

Therapeutic synergy in the patient living with Type 2 Diabetes Mellitus

Dr. Guillermo Fanghänel Salomón

Upstairs hall Dr. Ulises Pérez Hernández

LILLY SYMPOSIUM LUNCH

Moderator:

Dr. Alfonso Ponce Ibarra

14:00

15:30

Do not wait until the future: Be proactive with your patients with Type 2 Diabetes NOW

Panelists:

Dr. Carlos Fernández Barros (Cardiology),

Dr. Ma. del Rosario Arechavaleta (Endocrinology),

Dr. Jorge Rico (Nephrology),

Dr. Alfonso Ponce Ibarra (Diabetology)



European Association
for the Study of Diabetes





